

Name (& Nickname): _____

Age: ____ Health/Medical: _____

Psychological Profile

Snapshot/Observable Impressions

Eyes: __ Hair: __ Grooming: _____ Style: _____

Jewelry: __ Attention seeking? __ Hiding/Covering? __

Speech pattern: _____ Attentiveness/Eye contact: _____

Mood/Affect and fluctuations: _____

Activity: _____ Body Language: _____

Mannerisms: _____

Disoriented? __ Memory Impairment? __ Hallucinations? __

Delusions? __ Suic/Homic Thoughts? _____

Culture

Ethnicity: _____ Birthplace: _____ Important Locations: _____ Resides in: _____

Environment's Culture: _____ Environment's Subculture: _____

Cultural aspects identified with:

_____ rejected:

Personality

Introvert ←—————→ Extrovert

Intuitive ←—————→ Sensing

Feeling ←—————→ Thinking

Judging ←—————→ Perceiving

Hobbies: _____ Favors __AM or __PM?

Significant Experiences

Raised by _____ Closest to: _____ Conflict or Problems with: _____

Birth order 1st _____ 2nd _____ 3rd _____

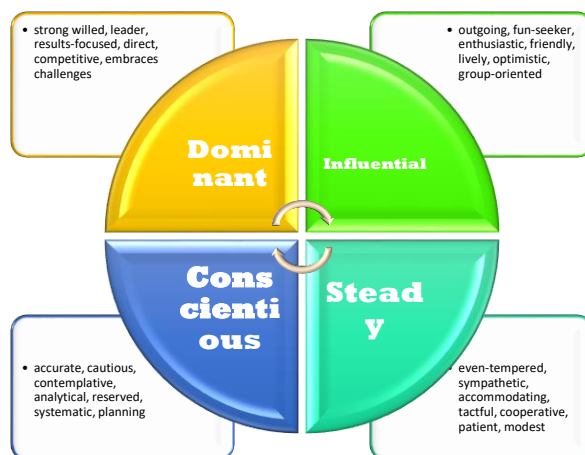
Significant childhood events (e.g. moves) _____ Changes in relationships with family members? _____

Family History: Mental Illness Hospitalization Addictions Suicide DCF/CFS

Trauma (note ages) _____ School & Work Experiences _____

Romantic Relationships _____ Married?(#) __ Lives with: _____

Friends, Associates _____ Enemies _____



Internal & External Motivations

Relationship with, or perception of

food: _____ money: _____ cleanliness: _____ crowds: _____ possessions: _____ animals: _____ work: _____ school: _____

women: _____ men: _____ subgroups (e.g. prejudices, aversions): _____ Self: _____

Beliefs _____ Fears _____ Secret(s): _____ Regrets: _____

Vows/Resolutions _____ Passions/Internal & External Motives _____

Emotional and behavioral responses to

change: _____ crisis: _____ stability: _____ freedom: _____ celebration: _____

Social and Environmental

Problems with primary support group: Death of a family member, separation, divorce, removal from home, sexual or physical abuse, discord in the family with parents siblings, or other like events.

Problems related to the social environment: death or loss of a friend, living alone, discrimination, adjustment to life-cycle transitions, such as leaving home or retirement.

Educational problems: Unable to read, academic problems, discord with teachers or classmates.

Occupational problems: Unemployment, threat of job loss, stressful work schedule, discord with boss or co-workers.

Housing problems: Homeless, unsafe neighborhood, discord with neighbors or landlord.

Economic problems: Not enough money to pay bills, food and rent.

Problems related to interaction with the legal system/crime: Arrest, incarceration, litigation, victim of a crime.

Emotional and Mental Health

Sleep: Too Much Normal Insomnia (e, m, l) Nightmares Irregular

Appetite: Overeating Normal Reduced Appetite

- Trust Issues
- Cognitive Impairment
- Depression/Mood Disorder
- Anxiety
- Substance Abuse/ Chemical Addiction (_____)
- Behavioral Addiction (gambling, shopping, e.g.)
- Eating Disorder (Binge Eating, Bulimia, Anorexia, or Hybrid)
- Attention Deficit Hyperactivity Disorder
- Personality Disorder (_____)
- Abandonment/Adoption Issues
- Learning disability
- Grief (_____)

*TEXT TINA23 to 33777 for bonus resources!

